

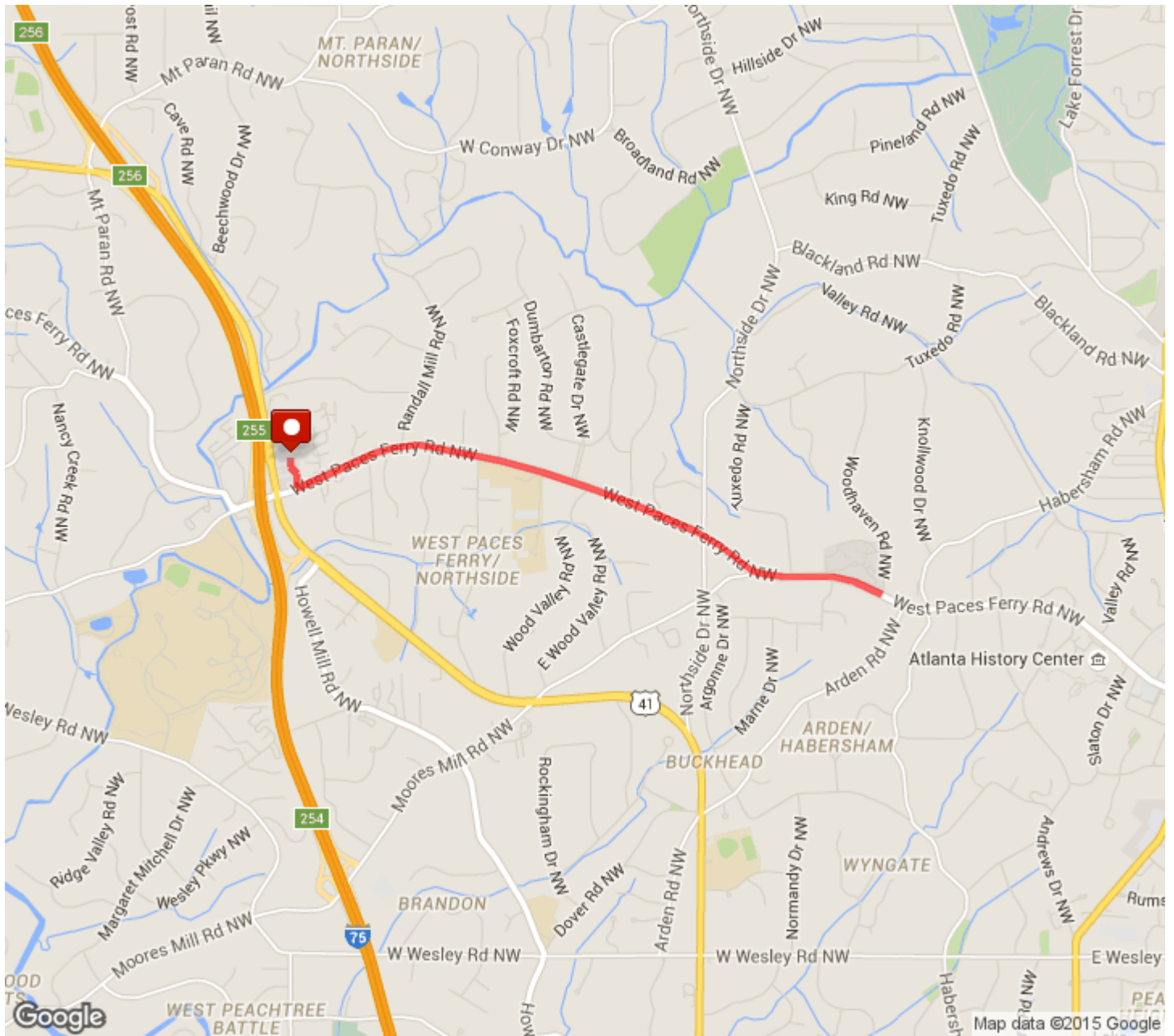


Stride Strong 4 Mile Out and Back

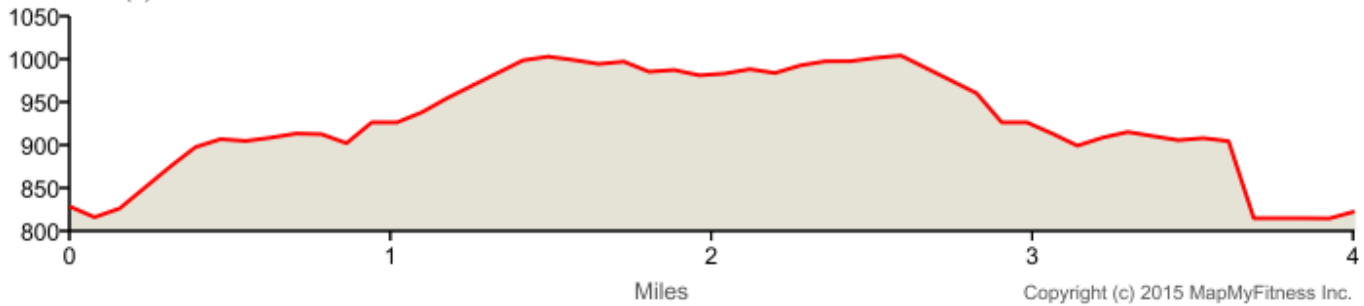
Distance: 4.0 mi

Elevation: 211.9 ft (Max: 1,006.3 ft)











mapmyrun



ELEVATION (ft)



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 Head south	0 mi (+0.1 mi)
 Turn left onto West Paces Ferry Rd NW	0.1 mi (+0.02 mi)
 Head northeast on West Paces Ferry Rd NW toward Paces W Dr NW	0.12 mi (+0.92 mi)
 Head east on West Paces Ferry Rd NW toward Wood Valley Rd NW	1.04 mi (+0.97 mi)
 Head northwest on West Paces Ferry Rd NW toward Glen Arden Dr NW	2.02 mi (+0.97 mi)
 Head west on West Paces Ferry Rd NW toward Castlegate Dr NW	2.99 mi (+0.92 mi)
 Head southwest on West Paces Ferry Rd NW	3.91 mi (+0.02 mi)
 Turn right	3.93 mi (+0.05 mi)
 Slight left	3.98 mi (+0.02 mi)
 Destination	4 mi (+0 mi)

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